



HEROES CAMP: PJ & KELLY PERRI

CONTACT: 574-243-1055

- **Meal Prep:** Do you have a favorite dish that you make? Can you make it for 60 people? Grab a friend and make a meal for some hungry bellies! You can access our kitchen, supplies, food, and anything else needed to make it happen.
 - Tuesdays and Thursdays: We eat at 6:30pm (food for 60 youths)
 - Wednesdays and Fridays: We eat at 5:30pm (food for 25-30 youth)
 - Saturdays: We eat at 12:30pm (food for 60 youth)
- **Donations: (examples)**
 - **Household Items:** Upgrading furniture or have unused pieces? We have families that are always in need of tables, chairs, dressers, and couches. If it's in good condition, consider dropping it off at Heroes Camp.
 - **Vehicles:** We can also accept vehicle donations if the dealers aren't going to give you much for the trade; consider this tax-deductible contribution.
 - **Basic Needs:** Laundry detergent, body wash, towels, and hygiene go fast at Heroes Camp.
- **Music & Worship Training:** Are you able to teach music? We have youth who want to learn the drums, guitar, and keyboard. If you have the patience, we have the kids and a super cool studio.

Come and visit to see where you best fit in.



JUDAH'S PRIDE: MIKE & LISA JACOB

CONTACT: 213-435-2467

Prayer

- **Prayer partners/Intercessors**
 - Cover us & the ministry we do in prayer.
 - Prayer walks, prayer at events, etc

Outreach & Discipleship

- **Life Empowerment Classes** – 6 week course for men, women & children.
 - Teach one of the 6 classes (TBD with Lisa Jacob)
 - Fellowship & Minister to the men, women or children at the class
 - Become a mentor (see below)
- **Mentors** – Help disciple those who come to Christ. Mentors will call and/or meet with one or two assigned people weekly to be a spiritual support for them. *(You do not have to have all the answers for them, you just need to be willing to help coach them on how to seek God for the answers they are looking for. We will have discipleship training tools available for you.)*

Fundraising

- **Assist with Nelson's Chicken Fundraisers**
 - Assist in selling Nelson's Chicken on Fridays and Saturdays
 - February to November (time slots between 10am-6pm).
 - Location: Big Lots on Ireland Rd in South Bend.



VOICES FOR LIFE

VOICES FOR LIFE: MELANIE LYONS

CONTACT: 574-310-9734

- **Sidewalk Advocates:** Share life-affirming resources and share the gospel with clients at Planned Parenthood. Free training provided. M, W, Th, F.
- **Canvassers:** Canvas local communities starting conversations about the injustice of abortion and sharing local resources. Free training provided. Mon-Sat.
- **Office Volunteers:** Make all our life-saving work possible by helping with behind the scenes work at the VFL office such as cleaning, data entry, mailing prep, etc. Mon-Fri.
- **Overpass Outreach:** Share the pro-life message with thousands on local highway overpasses. Bi-monthly on Saturdays



TEEN CHALLENGE: JOSH EATON

CONTACT: 574-226-0789

- **Prepare Meals:** We often have churches come and feed our guys a meal. Maybe a Friday night or Sunday morning.
- **Mentor Program:** Our Barnabas Project mentors program. It's a one on one mentor program between a Christian man and one of our students
- **Lead Worship:** Worship leading for a Friday or Monday night service.
- **Ministry Classes:** Teach Lead or teach a class or preach
- **Community Time:** spend time with the guys!
 - Help assist on a shift (sometimes we need staff help)
 - Spending time with our group of guys (evening time)- playing cards, talking, playing pool, etc.
 - Play sports with the guys on a Tuesday night... basketball, pickle ball, etc.



THE SPA: SANDRA BONTRAGER

CONTACT: 574-522-8338

- **Community Time:** Friday nights game or activity night
- **Meal Prep:** Bring a meal or prepare with them a meal and enjoy the meal together
- **Ministry Time:** Prayer time to pray for the girls. Worship night on the keyboard at the SPA. Be a Godmother (mentor/discipleship opportunity)
- **Handyman Jobs:** Work projects for deep cleaning. Car mechanics could be very helpful and also having them help teach girls how to do oil change, change a tire, etc. on a Saturday morning.